

The Episcopal Diocese of California

# St. Bede's Episcopal Church in Menlo Park



**Sixth Sunday of Easter**

**10:15 a.m., May 10, 2026**

**Holy Eucharist, Rite II**

## **Easter**

We are an Easter people, and our identity as those walking in the way of Jesus is wrapped up in the life-giving love of God exemplified in this holy day. This Eastertide season is our opportunity to give thanks and praise to the One whose kindness and compassion for us has overcome all obstacles to bring us from the darkness we may face in life and into God's glorious light where peace and joy abound. Wherever you are on your spiritual journey, you are welcome here.

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**THE EPISCOPAL DIOCESE OF CALIFORNIA**

**The Rt. Rev. Austin Keith Rios, Bishop | The Rev. Dan Spors, Rector**

**2650 Sand Hill Road, Menlo Park, CA 94025 | (650) 854-6555 | [stbedesmenlopark.org](http://stbedesmenlopark.org)**

**Prelude: Fantasy No.2**

Georg Philipp Telemann (1681–1767)

To celebrate the Easter season, we ring bells wherever "Alleluia" is sung or spoken. Please help yourself to a provided bell and ring joyfully!

**THE WORD OF GOD**

**Hymn 492: Sing, ye faithful, sing with gladness** - Please stand as you are able.

Hymnal 1982

Presider Alleluia. Christ is risen.

Book of Common Prayer (BCP), p. 355

All **The Lord is risen indeed. Alleluia.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**Hymn S280: Glory to God** - Sung by all

Hymnal 1982

1. Glo - ry to God in the high - est, and  
 peace to God's peo - ple on earth. 2. Lord God, heaven - ly  
 King, al - might - y God and Fa - ther, we wor - ship you, we  
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy

on us; 5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For you a - lone are the Ho - ly One,

you a - lone are the Lord, 7. you a - lone are the Most

High, Je - sus Christ, with the Ho - ly Spi - rit, in the

glo - ry of God the Fa - ther. A - men.

**The Collect of the Day**

BCP, p. 224

Presider The Lord be with you.

All **And also with you.**

Presider Let us pray.

All **O God, you have prepared for those who love you such good things as surpass our understanding; Pour into our hearts such love towards you, that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

**First Reading: Acts 17:22-31**

NRSV

Reader A reading from the Acts of the Apostles.

Paul stood in front of the Areopagus and said, "Athenians, I see how extremely religious you are in every way. For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, 'To an unknown god.' What therefore you worship as unknown, this I proclaim to you. The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands, nor is he served by human hands, as though he needed anything, since he himself gives to all

mortals life and breath and all things. From one ancestor he made all nations to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they would live, so that they would search for God and perhaps grope for him and find him—though indeed he is not far from each one of us. For 'In him we live and move and have our being'; as even some of your own poets have said, 'For we too are his offspring.'

Since we are God's offspring, we ought not to think that the deity is like gold, or silver, or stone, an image formed by the art and imagination of mortals. While God has overlooked the times of human ignorance, now he commands all people everywhere to repent, because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead."

The Word of the Lord.

All

**Thanks be to God.**

**Psalm 66:7-18** - *sung by choir*

Psalter for the Christian People

Choir

- 7 Bless our God, you peoples; \*  
make the voice of praise to be heard.
- 8 God holds our souls in life, \*  
and will not allow our feet to slip.
- 9 For you, O God, have proved us; \*  
you have tried us just as silver is tried.
- 10 You brought us into the snare; \*  
you laid heavy burdens upon our backs.
- 11 You let enemies ride over our heads; we went through fire and water; \*  
but you brought us out into a place of refreshment.
- 12 I will enter your house with burnt-offerings and will pay you my vows, \*  
which I promised with my lips  
and spoke with my mouth when I was in trouble.
- 13 I will offer you sacrifices of fat beasts with the smoke of rams; \*  
I will give you oxen and goats.
- 14 Come and listen, all you who fear God, \*  
and I will tell you what God has done for me.
- 15 I cried out with my mouth, \*  
and God's praise was on my tongue.
- 16 If I had found evil in my heart, \*  
the Lord would not have heard me;
- 17 But in truth God has heard me \*  
and attended to the voice of my prayer.

18 Blessed be God, who has not rejected my prayer, \*  
nor withheld steadfast love from me.

**Second Reading: 1 Peter 3:13-22**

NRSV

Reader A reading from the first letter of Peter.

Now who will harm you if you are eager to do what is good? But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, but in your hearts sanctify Christ as Lord. Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you; yet do it with gentleness and reverence. Keep your conscience clear, so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Word of the Lord.

All **Thanks be to God.**

**Hymn 385: Many and great, O God, are thy work** - Please stand as you are able.

Hymnal 1982

**The Gospel: John 14:15-21**

NRSV

Presider The Holy Gospel of our Lord Jesus Christ according to John.

All **Glory to you, Lord Christ.**

Presider Jesus said, "If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you.

"I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me; and those who

love me will be loved by my Father, and I will love them and reveal myself to them."

The Gospel of the Lord.

All

**Praise to you, Lord Christ.**

*The Sermon - Please be seated.*

*Nicene Creed - Please stand as you are able.*

Enriching Our Worship 1 (EOW) p. 53

All

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary,  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

***The Prayers of the People: Easter VI***

Adapted from Ormond Plater

Intercessor God has grafted us to the vine of the house of Israel. Let us offer prayers to God who gives life and breath to all human beings.

All For this holy gathering and for those who enter our circle of faith.

**Glory and praise to you, O living God.**

Intercessor For the newly baptized illumined by the light of Christ.

All **Glory and praise to you, O living God.**

Intercessor For all who minister in Christ, and for all the holy people of God.

All **Glory and praise to you, O living God.**

Intercessor For those celebrating birthdays this week,, and for those celebrating anniversaries, especially John H. and Sarah B.,

All **Glory and praise to you, O living God.**

Intercessor For the leaders of the nations and for all who seek peace, remembering...

*An usher reads the names submitted for intercessions.*

Intercessor We pray to you, O Lord.

All **Glory and praise to you, O living God.**

Intercessor For the suffering peoples of the world, remembering...

*An usher reads the submitted victims of violence.*

Intercessor We pray to you, O Lord.

All **Glory and praise to you, O living God.**

Intercessor For ourselves, our families, and those we love, remembering...

*An usher reads the names submitted for thanksgivings.*

Intercessor We pray to you, O Lord.

All **Glory and praise to you, O living God.**

Intercessor For the sick, the dying, and the dead, remembering...

*An usher reads the names submitted for the departed.*

Intercessor We pray to you, O Lord.

All **Glory and praise to you, O living God**

Intercessor Remembering the Blessed Virgin Mary and all the saints, let us offer ourselves and one another to the living God through Christ.

All **To you, O Lord.**

*The Presider adds the following collect.*

Presider Blessed are you, Lord of heaven and earth, who gives us confidence and hope through the resurrection of Jesus Christ. In your tender love, hear our prayers for all the world and grant us the power of your abundant and life-giving Spirit; through Jesus Christ our Lord. **Amen.**

### **The Peace**

Presider The peace of the Lord be always with you.

All **And also with you.**

**The Announcements** - *Please be seated.*

*Those with birthdays and anniversaries are invited to come forward to receive a blessing (BCP, p. 830).*

## **THE HOLY COMMUNION**

Presider Yours, O Lord, is the greatness, the power, the glory, the victory, and the majesty. For everything in heaven and on earth is yours. Yours, O Lord, is the kingdom, and you are exalted as head over all. *1 Chronicles 29:11*

**Anthem: In te, Domine speravi** - *lyrics in back of bulletin*

Josquin des Prez (1450-1521)

**The Great Thanksgiving: Sixth Sunday of Easter** - *Please stand as you are able.*

Presider The Lord be with you. *Eucharistic Prayers, p. 160*

All **And also with you.**

Presider Lift up your hearts.

All **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

All **It is right to give God thanks and praise.**

Presider Unknown yet revealing God, it is our duty and joy to thank and praise you, because from one ancestor you made all nations to inhabit the earth, and you allotted their times and boundaries, so they would search for you, in whom they live and move and have their being. While our lives are circumscribed by the limitations of our minds and bodies, your life is beyond our reach and outside our imagining. Yet in your mercy you embodied all your promises to your people in

the sending of your Son, and through his dying and rising you have brought us to your throne of grace. And so we gladly thank you, with angels and archangels, and all who with your ascended Son sit at your right hand on high, singing the hymn of your unending praise.

**Hymn S125: Holy, Holy, Holy**

Hymnal 1982

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
 heaven and earth are full of your glo - ry. Ho -  
 san - na in the high - est. Ho - san - na in the high - est.  
 Blest is the one who comes in the name of the Lord. Ho -  
 san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

*The people may stand, kneel, or sit.*

Presider Sending and accompanying God, you do not leave us orphaned, but in Christ you make us your adopted children, and in your Spirit you send an Advocate to be with us forever. By the power of that same Spirit, take the fragile flesh of your people and transform it into the resurrected glory of your church; and come down upon these gifts of bread and wine and make them be for us the body and blood of your Son Jesus Christ; who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying, "Take, eat: this is my body which is given for you; do this in remembrance of me." After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

Great is the mystery of faith:

All **Christ has died; Christ is risen; Christ will come again.**

Presider Sanctifying God, from the abundance of your limitless glory, bless your children who suffer for doing right. Give to those who stand trial the gentleness and reverence of your Son. As in Christ you proclaimed your word to the spirits in prison, make yourself known to all who find themselves incarcerated in body, mind, or spirit. Be close to any who live with public shame, and all who carry the humiliation of others in their hearts. Breathe your power upon your people where they face persecution, oppression, or false charge, that in truth you shall lead us to all truth, until that day when the whole earth is judged in righteousness by the one you have appointed and raised from the dead, and we stand before you, forgiven, loved, and free, ever one God, Father, Son, and Holy Spirit. **AMEN.**

Presider And as our Savior Christ has taught us, we now pray,

All **Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

**The Breaking of the Bread**

BCP, p. 364

*The Presider breaks the consecrated Bread.*

*A period of silence is kept.*

**Fraction Anthem S154: Christ our Passover**

Hymnal 1982

*This setting is not used in Lent.*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

*Everyone is welcome to join us in the Sacrament of Communion today. In addition to the traditional bread and wine, gluten-free and non-alcoholic options are available from the priest and chalice bearers. You can indicate your preference at the altar rail. If you would like to receive a blessing in place of taking communion, you may come forward and cross your arms over your chest to signal your intention.*

**Organ Anthem: Op. 3 no. 1 Three Preludes**

Kinsley

**Hymn 512: Come, gracious spirit, heavenly Dove**

Hymnal 1982

***Sending Forth the Communion [as needed]***

Presider N., in the name of Christ's Church and of our congregation at St. Bede's, I send you forth bearing these holy gifts to N., so that *he/she/they* may share with us in the communion of Christ's body and blood.

All **We who are many are one body, because we all share one bread, one cup.**

***Postcommunion Prayer*** - Please stand as you are able.

BCP, p. 365

Let us pray,

All **Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

***The Blessing***

Book of Occasional Services, p. 14

Presider The God of peace, who brought again from the dead our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

***Hymn 292: O Jesus, crowned with all reknown***

Hymnal 1982

***Dismissal***

BCP, p. 366

Presider Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia.

All **Thanks be to God. Alleluia, Alleluia.**

**Postlude: La Prise de Jerico**

Michel Corrette (1707-1795)

*(Liturgical Source Acknowledgements: Liturgy is from the 1979 Book of Common Prayer. Hymns are from Hymnal 1982. Our music license is provided by One License # A-724585.*



**Flowers today are given to the glory of God and in thanksgiving for the birthday of Elizabeth Poulson, daughter of Ann Poulson.**



**THANK YOU TO THOSE SERVING TODAY**

**Presider:** The Rev. Dan Spors

**First Reading:** John Hickson

**Second Reading:** Tanya Luhrmann

**Usher:** Jon Backlund

**Intercessor:** Sue Sartor

**Altar Servers:** Open

**Godly Play:** Jane McDougle

**Altar Guild:** Sue Sartor, Ann Poulson, Flowers: Anne Vitullo & Joan Sanders

**Coffee Hour Host:** Susan Chan Egan

**ST. BEDE'S EPISCOPAL CHURCH IN MENLO PARK**

**Church Staff**

**Rector:** The Rev. Dan Spors

**Priest Associate:** The Rev. Jane McDougle

**Parish Administrator:** Lauren D'Ambrosio

**Music Director:** Vic De La Cruz

**Organist:** Eric Kinsley

**Bookkeeper:** Angela Sherry

**St. Bede's Choir**

**Sopranos:** Jimi Cuevas, Nola Moore, Amy Spencer (*Section Leader*),

**Altos:** Dora Ho, Cathleen Josaitis, Holly Patch

**Tenors:** Chris Brown, Alex Hurley (*Section Leader*), Matthias Zuniga

**Basses:** David Elliott, Joey Krohlow (*Section Leader*), Ian Aseltine

**Vestry:** Chris Bellanca, David Elliott, John Hickson, David Mahal, John Maulbetsch, Tanya Luhrmann, Jon Poe, Kathleen Thompson

**Altar Guild:** Elizabeth Bellock, Elaine Kriegh, Ann Poulson (*Emerita*), Sue Sartor (*Captain*); Anne Vitullo and Joan Sanders (*Flowers*)

**Buildings and Grounds:** Mike Sartor, Dick Zeren, Jon Backlund

**Community Outreach Steering Committee:** Julie Backlund, Elizabeth Bellock, John Hickson, John Maulbetsch, Sue Sartor, Anne Vitullo, Becky Zeren

**Finance:** Julie Backlund (*Treasurer*), Randy Kriegh, Hal Louchheim, Jon Poe, Angela Sherry, Michelle Swenson (*Assistant Treasurer*)

**Hospitality:** Kathleen Thompson and Anne Vitullo (*Captains*)

Special thanks to John Hickson for recently delivering to Ecumenical Hunger Program a portable stroller and other child care equipment we had in storage. We're delighted that a family in need can use these items!

## Announcements for May 10, 2026

### **Fundraising for the Seccombe Fund for Outreach**

We hope you will be able to make it to the annual Parish Picnic on **Sunday, May 17th** to enjoy a delicious picnic lunch, enjoy games and time with fellow parishioners and support our fundraiser for the Seccombe Outreach Fund. The Marketplace has a variety of events (like the ever popular Chicago-style deep dish pizza dinner with Reverend Dan), wines, and unique party games to offer. If you can't make it to the picnic and would like to make a donation, you can write a check to St. Bede's and mark it for the Seccombe Fund and send it to the church office. Thanks for supporting St. Bede's Outreach programs!

*~ Community Outreach Steering Committee*

### **Community Resources in San Mateo and Santa Clara Counties**

There are a number of resources in our community for those who need help, including food programs, housing assistance, health care and legal services. San Mateo and Santa Clara Counties each publish a comprehensive guide to these and other community services in their respective counties. We have stocked the brochure racks in each narthex and Lehman Hall with copies of these county resource guides so that they're available when someone comes to St. Bede's needing help. Should you know someone needing help, please pick up one of these resource guides to share with them.

*— Anne Vitullo for the Community Outreach Steering Committee*

### **Sign up to Serve Dinner at LifeMoves!**

Please help us to prepare and serve a healthy meal to clients at the LifeMoves Navigation Center in Redwood City. We'll be doing food prep and cooking in our Lehman Hall kitchen on **Sunday, June 7th** following coffee hour. Later in the afternoon, we will transport our food to the Navigation Center, set the buffet tables and serve dinner to the clients. If you'd like to contribute from your home kitchen, you may drop off your favorite muffins or cornbread on Sunday morning. Use the signup link in the eNews or on the St. Bede's website, under "Announcements".

### **Pizza Theology**

Join us on **Thursday, May 21st** for a Pizza Theology session, the final session until September. New discussion topics at every meeting! Come enjoy the fellowship and the pepperoni, with vegetarian options available. Bring a friend, bring a side dish, and bring yourself!

### **Can you Share a Can a Week?**

Rising food prices are most affecting those in our community who can afford it the least. Local nonprofits like Ecumenical Hunger Program see this first-hand as demand for their services increases dramatically. Please help by donating nonperishable food items to our ongoing food drive for EHP. You can pick up a copy of our suggested shopping list in the church narthex, and gifts can be left in the adjacent donation baskets any Sunday. Consider making this a regular gift to EHP by bringing a can a week. Together we can help stock the pantry for someone in need.

## Announcements for May 10, 2026

### Easter Lilies in Jarrow Garden

After Easter each year, the Easter lilies that grace the sanctuary during our Easter services are planted in Jarrow Garden. While this year's lilies will not bloom again until next year, there are several clusters of Easter lilies that we've planted in past years now popping up again in Jarrow. Look for them to bloom later this spring, bringing with them their gentle message of resurrection.

— Anne Vitullo for the Altar Guild Flower team

### Volunteer for Worship in May and June

Scan the QR code to volunteer for worship weekends in May and June. We are in need of readers, ushers, and intercessors to help at services. We appreciate any kind offer of your time. If you are interested in serving as an acolyte, please contact Rev. Dan. Please add your name and input your availability! This link is also available online.



### Soulwork

SoulWork meets on **Sunday between our services at 9:10 a.m.** Discussions at present focus on "The Promises Made at Baptism", where we will discuss the 5 promises made when we reaffirm our faith in the Baptismal Covenant.

### Nursery and Godly Play

Our Sunday children's programs meet in Wyatt Hall (the building to the left as you go through the north exit of the Sanctuary). Children ages 3 and up are welcome to **join us at 10:00 a.m.** for Sunday school in our beautifully equipped Godly Play room.

### Bloom and Grow!

We are always looking for new sponsors for floral arrangements in the Sanctuary. If you are interested in honoring a loved one, or sharing your deep-rooted love of flowers with the parish, please follow the steps below:

1. Plant your name on the poster in the courtyard narthex. Sign-ups are accepted on a first-come, first-served basis, so sign up to-daisy! *We accept one sponsorship per week, except at Christmas and Easter when we accept multiple donors and dedications.*
2. Pick up a donation envelope from the basket near the sign-up poster for your gift (cash or checks accepted). *On the envelope please indicate if your flowers are in celebration of a special event, such as a birthday or anniversary, or in memory of someone who is Deceased.*
3. "Leaf" your donation envelope in the offertory plate on Sunday or in the Parish Admin folder in the office during the week. We request a donation of \$60 to underwrite the cost of one week's floral arrangements. *Donations will be noted in the bulletin unless made anonymously. Any donations gathered during Lent are used for Easter flowers, while those reaped during Advent are used for Christmas flowers and greens.*
4. If making an online or check donation, please include "For St. Bede's flowers" and your requested date in the memo..

## Announcements for May 10, 2026

We can't wait to thank the "scent"-sational donors who rose to the occasion!

### **Lyrics for Anthem: *In te, Domine speravi* (In thee, O Lord, have I trusted)**

Josquin des Prez (1450-1521)

#### Italian

*In te Domine speravi  
Per trovar pietà in eterno,  
Ma in un tristo e oscuro inferno  
Fui, et frustra laboravi.*

*Rotto e al vento ogni speranza,  
Veggio il ciel voltarmi in pianto,  
Suspir, lachrime me avanza  
Del mio tristo sperar tanto.  
Fui ferito, se non quanto  
Tribulando ad te clamavi.  
In te Domine speravi.*

*Lo cecato voler mio  
Per sin qui m'ha fatto muto,  
Et hor poco al dolor mio  
Per mio dir vien proveduto.  
Deh, Signor, porgime adiuto,  
Quia de me iam desperavi.  
In te Domine speravi.*

#### English

*In thee, O Lord, have I trusted  
to find eternal mercy;  
but I have been in a dark, miserable hell,  
and have labored in vain.*

*All my hopes broken and cast to the winds,  
I see the heavens plunge me into sorrow;  
only sighs and tears are left  
of my great, unhappy hope.  
I was struck down, except that  
in my trouble I called out to thee.  
In thee, O Lord, have I trusted.*

*My blind will  
till now has made me mute,  
and even now my words have done  
little for my pain.  
Ah, Lord, grant me aid,  
for I despair of myself.  
In thee, O Lord, have I trusted.*