

St. Bede's Episcopal Church in Menlo Park
The Fourth Sunday of Advent
10:15 a.m., December 18, 2022
Holy Eucharist, Rite II



WELCOME! 

In song and sermon, prayer and practice, we seek to renew our ancient traditions in light of the modern world. We affirm the transformative power of God's word and Jesus' call to active charity. Whoever you are and wherever you find yourself on your journey of faith, please join us today in fellowship. You are our most welcome guest!



ST. BEDE'S EPISCOPAL CHURCH IN MENLO PARK
THE EPISCOPAL DIOCESE OF CALIFORNIA
Rt. Rev. Marc Handley Andrus, Bishop
Rev. Dan Spors, Rector

2650 Sand Hill Road, Menlo Park, CA 94025 ✧ (650) 854-6555 ✧ stbedesmenlopark.org

THE WORD OF GOD 

Book of Common Prayer (BCP), p. 355

Hymn 56, v.1-4: O come, O come, Emmanuel

(Blue Hymnal)

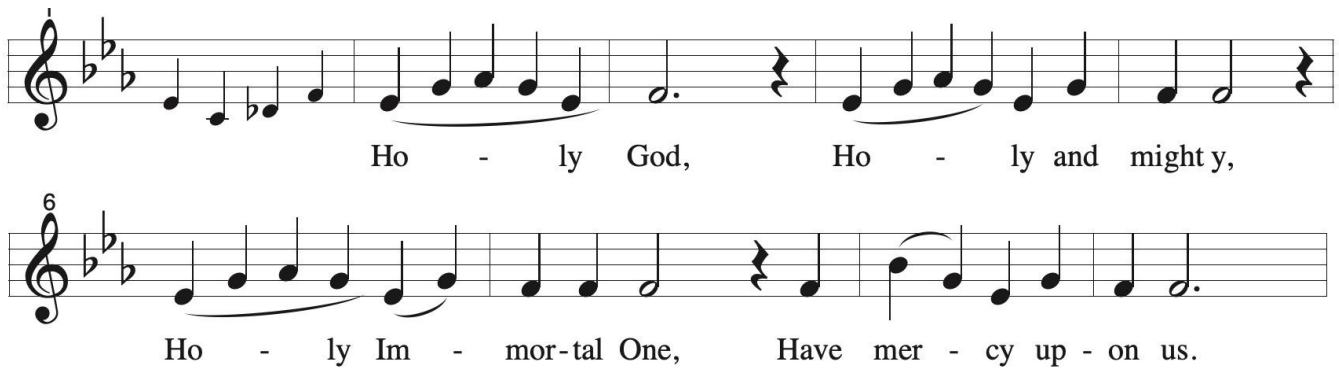
Presider Blessed be God: Father, Son, and Holy Spirit.

All **And blessed be God's kingdom, now and forever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Trisagion - Sung three times

Missa Simplex



Ho - ly God, Ho - ly and might y,
 Ho - ly Im - mor-tal One, Have mer - cy up - on us.

The Collect of the Day

BCP, p. 212

Presider The Lord be with you.

All **And also with you.**

Presider Let us pray.

All **Purify our conscience, Almighty God, by your daily visitation, that your Son Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.**

Please be seated.

The Lessons

First Reading: Isaiah 7:10-16

New Revised Standard Version (NRSV)

Reader A Reading from the Prophet Isaiah.

Again the Lord spoke to Ahaz, saying, Ask a sign of the Lord your God; let it be deep as Sheol or high as heaven. But Ahaz said, I will not ask, and I will not put the Lord to the test. Then Isaiah said: "Hear then, O house of David! Is it too little for you to weary mortals, that you weary my God also? Therefore the Lord himself will give you a sign. Look, the young woman is with child and shall bear a son, and shall name him Immanuel. He shall eat curds and honey by the time he knows how to refuse the evil and choose the good. For before the child knows how to refuse the evil and choose the good, the land before whose two kings you are in dread will be deserted."

The Word of the Lord.

All **Thanks be to God.**

S242: Canticle 15 The Song of Mary (*Magnificat*, Luke 1:46-55) *sung by all*

(Blue Hymnal)

**My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;**

for he has looked with favor on his lowly servant.

From this day all generations will call me blessed:

the Almighty has done great things for me, and holy is his Name.

He has mercy on those who fear him

in every generation.

He has shown the strength of his arm,

he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,

and has lifted up the lowly.

He has filled the hungry with good things,

and the rich he has sent away empty.

**He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
The promise he made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.**

Second Reading: Romans 1:1-7

NRSV

Reader A reading from Paul's letter to the Romans.

Paul, a servant of Jesus Christ, called to be an apostle, set apart for the gospel of God, which he promised beforehand through his prophets in the holy scriptures, the gospel concerning his Son, who was descended from David according to the flesh and was declared to be Son of God with power according to the spirit of holiness by resurrection from the dead, Jesus Christ our Lord, through whom we have received grace and apostleship to bring about the obedience of faith among all the Gentiles for the sake of his name, including yourselves who are called to belong to Jesus Christ,

To all God's beloved in Rome, who are called to be saints:

Grace to you and peace from God our Father and the Lord Jesus Christ.

The Word of the Lord.

All **Thanks be to God.**

Hymn 265: The angel Gabriel from heaven came

(Blue Hymnal)

The Gospel: Matthew 1:18-25

NRSV

Presider The Holy Gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, Lord Christ.**

Presider Now the birth of Jesus the Messiah took place in this way. When his mother Mary had been engaged to Joseph, but before they lived together, she was found to be with child from the Holy Spirit. Her husband Joseph, being a righteous man and unwilling to expose her to public disgrace, planned to dismiss her quietly. But just when he had resolved to do this, an angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary as your wife, for the child conceived in

her is from the Holy Spirit. She will bear a son, and you are to name him Jesus, for he will save his people from their sins." All this took place to fulfill what had been spoken by the Lord through the prophet:

"Look, the virgin shall conceive and bear a son,
and they shall name him Emmanuel,"

which means, "God is with us." When Joseph awoke from sleep, he did as the angel of the Lord commanded him; he took her as his wife, but had no marital relations with her until she had borne a son; and he named him Jesus.

The Gospel of the Lord.

All

Praise to you, Lord Christ.

The Sermon

The Nicene Creed

Enriching Our Worship 1 (EOW 1), p. 53

Please stand as you are able

All

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary,
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People for Advent

Adapted from The Book of Alternative Services of
the Anglican Church of Canada

Intercessor In joyful expectation let us pray to our Savior and Redeemer, saying, "Lord Jesus, come soon!"

O Wisdom, from the mouth of the Most High, you reign over all things to the ends of the earth: come and teach us to care wisely for all your creation, and make us thankful for all your works.

An usher reads the names submitted for thanksgivings, concluding with

Usher ...and those we now remember, either silently or aloud.

Intercessor Come, Lord Jesus.

All **Lord Jesus, come soon!**

Intercessor O Lord, and head of the house of Israel, you appeared to Moses in the fire of the burning bush and you gave the law on Sinai: come with outstretched arm and fill your church with the fire of your presence.

Come, Lord Jesus.

All **Lord Jesus, come soon!**

Intercessor O Branch of Jesse, standing as a sign among the nations, all kings will keep silence before you and all peoples will summon you to their aid: come, set us free from tyranny and oppression and bring all the nations of the world into ways of peace and justice.

Intercessor Come, Lord Jesus.

All **Lord Jesus, come soon!**

Intercessor O Key of David and scepter of the house of Israel, you open and none can shut; you shut and none can open: come and free the captives from prison, rescue the persecuted and the oppressed, and all who are in danger, especially those we now name:

An usher reads the names submitted for victims of violence, concluding with

Usher ...and those we now remember, either silently or aloud.

Intercessor Come, Lord Jesus.

All **Lord Jesus, come soon!**

Intercessor O Morning Star, splendor of the light eternal and bright Sun of righteousness: come and enlighten all who dwell in darkness and in the shadow of death, and all the departed, and those we now name:

An usher reads the names submitted for the departed, concluding with

Usher ...and those we now remember, either silently or aloud.

Intercessor Come, Lord Jesus.

All **Lord Jesus, come soon!**

Intercessor O King of the nations, you alone can fulfill their desires: Keystone, you make opposing nations one: come and save the creature you fashioned from clay, heal the sick, and comfort all who suffer in body, mind, or spirit, especially those we now name:

An usher reads the names submitted for intercession, concluding with

Usher ...and those we now remember, either silently or aloud.

Intercessor Come, Lord Jesus.

All **Lord Jesus, come soon!**

Intercessor O Emmanuel, hope of the nations and their Savior: bless those celebrating birthdays, especially Elyssa F., and those celebrating anniversaries, and come and save us all, O Lord our God.

Intercessor Come, Lord Jesus.

All **Lord Jesus, come soon!**

The Presider adds a Concluding Collect.

Confession of Sin

BCP p. 360

Presider Let us confess our sins against God and our neighbor.

The congregation may stand, kneel, or sit for the Confession.

All **Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider The peace of the Lord be always with you.

All **And also with you.**

The Announcements

THE HOLY COMMUNION

Presider Through Christ let us continually offer to God the sacrifice of praise, that is, the fruit of lips that acknowledge his Name.

Anthem: E'en So, Lord Jesus, Quickly Come

Paul Manz (1919-2009)

Peace be to you and grace from Him
Who freed us from our sins,
Who loved us all and shed His blood
That we might saved be

Sing Holy, Holy to our Lord,
The Lord, Almighty God,
Who was and is and is to come
Sing Holy, Holy, Lord!

Rejoice in heaven, all ye that dwell therein
Rejoice on earth, ye saints below
For Christ is coming, is coming soon
For Christ is coming soon!

E'en so, Lord Jesus, quickly come
And night shall be no more
They need no light nor lamp nor sun
For Christ will be their All!

The Great Thanksgiving: Eucharistic Prayer B

BCP p. 367

At the following words, please stand as you are able.

Presider The Lord be with you.

All **And also with you.**

Presider Lift up your hearts.

All **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

All **It is right to give God thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

Missa Simplex

Ho - ly, ho - ly, ho - ly Lord,
God of pow - er and might,
heav - en and earth are full of your glo - ry.
Ho - san - na in the high - est.
Bless ed is the one who comes in the name of our God.
Ho - san - na in the high - est.

The people may stand, kneel, or sit.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All **We remember his death,**
 We proclaim his resurrection,
 We await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Venerable Bede and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Presider

As our Savior Christ has taught us, we are bold to sing:

Our Fa - ther in heaven, hal - lowed be your Name, your king - dom come,

The first system of musical notation consists of a treble and bass staff. The treble staff contains the vocal line with lyrics, and the bass staff contains the piano accompaniment. The key signature has one flat (B-flat), and the time signature is 4/4. The music is in a simple, hymn-like style.

your will be done, on earth as in heaven. Give us to - day our dai - ly bread.

The second system of musical notation continues the vocal line and piano accompaniment. The lyrics are: "your will be done, on earth as in heaven. Give us to - day our dai - ly bread."

For - give us our sins as we for - give those who sin a - gainst us.

The third system of musical notation continues the vocal line and piano accompaniment. The lyrics are: "For - give us our sins as we for - give those who sin a - gainst us."

Save us from the time of trial, and de - liv - er us from e - vil.

The fourth system of musical notation continues the vocal line and piano accompaniment. The lyrics are: "Save us from the time of trial, and de - liv - er us from e - vil."

For the king - dom, the power, and the glo - ry are yours, now and for - ev - er. A - men.

The fifth system of musical notation concludes the prayer with the final line of lyrics: "For the king - dom, the power, and the glo - ry are yours, now and for - ev - er. A - men."

Setting: adapt. Nicholas Rimsky-Korsakov (1844–1908) by George Black © George Black.
Used by permission. All rights reserved.

The Breaking of the Bread

BCP, p. 364

The Presider breaks the consecrated Bread.

A period of silence is kept.

Agnus Dei - sung by all

Missa Simplex

Lamb of God, you take a-way the sins of the world.

Have mer-cy on us. Grant us peace.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

We celebrate everyone in this space today. We welcome you to share in the Sacrament of Communion by approaching the altar when invited by an usher. If you would like to instead receive a blessing, you may come forward and cross your arms over your chest to signal your intention.

Anthem: Now the Birth of Jesus was on this wise (from *Hodie*)

Ralph Vaughan Williams (1872 - 1958)

Now the birth of Jesus was on this wise: when as his mother was espoused to Joseph, before they came together, she was with child of the Holy Ghost.

Then Joseph her husband, being a just man, was minded to put her away privily.

But while he thought on these things, behold, the angel of the Lord appeared unto him in a dream.

"Joseph, thou son of David, fear not to take unto thee Mary thy wife: for that which is conceived in her is of the Holy Ghost. And she shall bring forth a son, and thou shalt call his name Jesus."

Hymn 454: Jesus came, adored by angels

(Blue Hymnal)

Sending Forth the Communion [as needed]

Presider N., in the name of Christ's Church and of our congregation at St. Bede's, I send you forth bearing these holy gifts to N., so that *he/she/they* may share with us in the communion of Christ's body and blood.

All **We who are many are one body,
because we all share one bread, one cup.**

Postcommunion Prayer

BCP, p. 365

At the conclusion of Communion, the Presider says

Let us pray,

All **Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love you and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
Be honor and glory, now and for ever. Amen.**

BCP, p. 366

The Blessing

BCP, p. 339

Presider The peace of God, which passes all understanding, keep your hearts and
 minds in the knowledge and love of God, and of the Son Jesus Christ our
 Lord; and the blessing of God Almighty, the Father, the Son, and the Holy
 Spirit, be upon you, and remain with you always. **Amen.**

Hymn 56, v.5-8: O come, O come, Emmanuel - *Standing as able*

(Blue Hymnal)

Dismissal

Presider Go in peace to love and serve the Lord.

All **Thanks be to God.**

Postlude: Magnificat Noni Toni, BuxWV 205

D. Buxtehude (1637-1707)

Liturgical Source Acknowledgements: Liturgies are from the 1979 Book of Common Prayer, Psalter for the Christian People. Reprinted and streamed with permission under One License # A-724585. All rights reserved. Buxtehude is in the public domain.

THANK YOU TO THOSE SERVING TODAY

Presider: The Rev. Daniel Spors

First Reading: Tanya Luhrmann

Second Reading: Helen Greenwood

Intercessor: Dick Zeren

Ushers: Helen Greenwood, John Hickson

Zoom Chapel Host:

Coffee Hour Host: Kathleen Thompson

Altar Guild: Elaine Kriegh, John Wenstrand, Ann Poulson, and Anne Vitullo, (Advent greens)

Godly Play: The Rev. Jane McDougale

Special thanks to **Ann Latta** for the beautiful branches of magnolia from her yard that we've used in the sconces.

Advent and Christmastide Service Schedule

Please note the following schedule for our worship together through January 1st. Where it reads "Normal Sunday Schedule," we have a spoken Rite I Eucharist at **8:00 a.m.** and a Rite II Eucharist with choir at **10:15 a.m.**

December:

Sunday the 18th - Advent 4:

Normal Sunday Schedule

Christmas Caroling Party after the 10:15 a.m. service in Great Hall

Saturday the 24th - Christmas Eve:

4:00 p.m. Rite II Service with Pageant

7:30 p.m. Rite II Service with Choir

Sunday the 25th - Christmas Day:

9:30 a.m. Rite II Service

January:

Sunday the 1st - Holy Name Sunday:

9:30 a.m. Rite II Service with Christmas Lessons and Carols

ST. BEDE'S EPISCOPAL CHURCH IN MENLO PARK

Church Staff

Rector: The Rev. Dan Spors

Music Director: Vic De La Cruz

Parish Administrator: Siri Huntoon

Organist: Rani Fischer

Bookkeeper: Angela Sherry

Nursery Caregiver: Lina Jiang

St. Bede's Choir

Sopranos: Orlia Budge, Catherine Clover, Amy Spencer (*Section Leader*), Rani Fischer, Vera Shadle, Nancy Stork

Altos: Naomi Braun (*Section Leader*), Cathleen Josaitis, Dora Ho, Kathleen Thompson, Becky Zeren

Tenors: Mark McNulty, Daniel Rios (*Section Leader*)

Basses: David Chu, Joseph Krohlow (*Section Leader*), Quentin Long

Vestry

Megan Ancker

Jon Backlund

Susan Chan Egan

Laura Gable, *Junior Warden*

Irene Lawrence

Miranda Pinckert

Joan Sanders

Sue Sartor, *Senior Warden*

Nancy Stork, *Clerk*

Altar Guild: Elizabeth Bellock, Elaine Kriegh, Ann Poulson, Sue Sartor, Anne Vitullo, John Wenstrand

Buildings and Grounds: Miranda Pinckert, Mike Sartor, Richard Zeren, Jon Backlund

Community Outreach Steering Committee:

Julie Backlund, John Hickson, Sue Sartor, Angela Sherry, Anne Vitullo, Becky Zeren

Finance: Julie Backlund (*Treasurer*), Randy Kriegh, Irene Lawrence, Hal Louchheim, Jon Poe, Angela Sherry, Michelle Swenson, (*Assistant Treasurer*)

Hospitality: Kathy Thompson and Anne Vitullo, (*Captains*)

Deanery Delegates: Michael Graebner, Irene Lawrence, Laura Gable (*Alternate*)

Trinity School Board Representatives: Jon Poe, Michelle Swenson