



The Bitter Pill: Plastic Bottles Pollute Landfills

Nearly 70 percent of Americans take at least one prescription drug, and more than half of us take two. Every month, millions of plastic prescription and over-the-counter bottles end up in landfills. Recycling them saves energy, raw materials, and reduces greenhouse emissions from making new plastic.

But in developing countries, pills are often dispensed without bottles directly into hands, leaves, or wrapped in paper scraps. Pills have little protection from moisture or the elements. These orange pill bottles we take for granted would be gratefully received in many parts of the world.

A Better Pill: Reuse and Recycle Pill Bottles

These two problems have a single cure: *reuse* and *recycle*. Valley Presbyterian Church now accepts empty, cleaned, plastic pill bottles for Cincinnati-based Matthew 25: Ministries. There, the pill bottles will either be a) shipped as medical supplies to developing countries for reuse, or b) shredded and recycled.

This pill bottle program meets dual needs:

- Provides safe, secure containers for the poorest of the poor.
- Keeps bottles out of landfills.

HOW TO PARTICIPATE:

1. Save your empty, capped, plastic pill bottles:

- both prescription & over-the-counter
- any size

2. Prepare bottles for donation:

It is your responsibility to ensure the privacy of your medical information by removing all labels before you donate your empty pill bottles.

- Remove labels, leaving no glue or residue, as best you can.
- Wash bottles in very hot water and dish soap to ensure there is NO powder residue.
- Rinse and dry thoroughly.
- Replace lids on clean, dried bottles.
- Put clean bottles in a bag

3. Drop into the collection bin at:



Valley Presbyterian Church
PORTOLA VALLEY, CALIFORNIA

945 Portola Road
Portola Valley, CA 94028
650-851-8282

VPC invites your donations to help pay shipping costs.

Please consider a contribution via check in the collection plate OR online @ valleypreschurch.org/give. Follow the instructions & add *Earth Care* in the comment section.